

how to hygge: spring gatherings

1. Flowers, Just Because

SNIP A FEW BLOOMS & DELIVER

Did you plant bulbs last fall? Trim a few daffodils/tulips/peonies on your way out, drop them by a friend or neighbor. These short but sweet mini-gatherings help all feel more seen in our busy world.



2. Better Together

MAKE SPRING CHORES FUN

Gather with a goal in mind-- from re-potting houseplants, to tending flower beds, to planting seedlings-- these are all more fun when done together.

PERFECT TO
DO WITH
LITTLES!

INVITE CHILDREN TO
JOIN TACTILE, SPRING
PLANTING LIKE SEED
SOWING & WATERING
NEW GARDENS



3. Brunch Together

HOST OR MEET, CHEERS!

Weekend brunch: perfect time to catch up with friends. Find a patio and enjoy the cool of spring. Idea: share high/lows of your past week to go deeper with friends & ensure everyone has a chance to speak.



4. Craft Together

TAKE IT OUTSIDE AND CREATE

Host a 'bring a small piece of furniture' & paint away. The repetitive motions of painting is ideal for engaging in meaningful conversation while creating. We love to use Fusion Mineral Paint.

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hygge gatherings
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THE HYGGE
gathering



HOW TO HYGGE WITH FAMILIES

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